

Lighthouse MBT Parenting Programme

Crowne Plaza Dublin Airport Hotel, Northwood Park,
Santry Demesne, Dublin 9

18th February 10am - 4pm
4th & 18th March 10am - 4pm
1st & 22nd April 10am - 4pm
6th May 10am - 4pm

This programme is designed for parents embarking on the Lighthouse MBT Parenting programme and will also appeal to parents who have completed the programme previously.

The Lighthouse MBT Parenting programme is research informed in the fields of Attachment theory, child development and neuroscience and is delivered over 6 full days. The programme consists of educational presentations, skills demonstration and practice development.

Testimonials include; "Every parent should do this programme" " A brilliant voyage of discovery", " Got back the pleasure in my parenting", " I learned so much about my child" "Feel a lot more confident as a parent", "Inspiring"

The course is facilitated by Maria McGrane and Linda Hanlon, and is supervised by course director Gerry Byrne (Trainer and supervisor at the Anna Freud National Centre for children and Families).



Limited Places available at €95 per person per day. Booking is essential.

Contact Linda (086 337 9334) or Maria (086 856 9397)
or email info@parentalpathways.ie for further information